



# About brain injury

Brain injuries are like fingerprints;  
they are all different.

# What is brain injury?

Our brain controls everything we think, say and do, so if our brain is injured it can potentially affect every aspect of life. Brain injury is defined as injury or damage to the brain that occurs after birth.

**Some common causes of brain injury are:**

- Accidents such as: car or sports
- Assaults
- Falls
- Stroke
- Brain Tumours
- Infections
- Alcohol or substance abuse
- Hypoxia (lack of oxygen to the brain)
- Neurological conditions i.e.; Dementia, Multiple Sclerosis, Parkinson's Disease, Alzheimers.

Following brain injury, people may experience changes to their thinking, learning, behaviour and personality. Their physical and sensory abilities may also be affected. The long-term effects of brain injury are different for each person, difficult to predict and can range from mild to severe.

**For additional information about this topic scan the QR code.**



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